



Chino Hills Flash 2nd Annual XC Halloween Festival Sunday, October 30, 2011



GREAT VENUE

Run through the dirt trails of Prado Regional Park Grounds in Chino, CA. 5K starts at 7:30 am. Kids Walk-Through starts at 8:15 am, followed by age division races starting at 8:45am

AWARDS

Open 5K: Individual awards will be awarded to the top three finishers in each division.

Youth Races: Trophies will be awarded to the top 3 individuals and medals for 4th – 10th.

Team Awards: First place trophies to the top teams in each division. AND *Special Award to the best costume!*

HALLOWEEN FAMILY FUN

Enjoy activities including a Kids Halloween Costume Parade, Costume Contest, Hula Hoop Contest and more. There will be a special 5 and under costume diaper run (400 meter race)

FEES

2K, 3K, and 4K X-Country Races: \$5/Individual

5K Open: \$20 w/shirt,

There is a parking fee of \$10.00 to get into park grounds.

REGISTER TODAY

Online before Thursday, October 27th. Registration will be opened on the day of the race beginning at 6:45 am. For more information please visit our website:

www.chinohillsflash.com - *Halloween XC Festival*



First Name: _____ Last Name: _____ Age: _____

T-shirt Size: (Adult size)

S M L XL

Address: _____ City/ST: _____ Zip Code: _____

Email address: _____ Primary Phone: _____

WAIVER & RELEASE: (Please Read and sign)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

You, the race participant, individually and on behalf of your heirs and assignees, do hereby release, waive, discharge and covenant not to sue Chino Hills Flash, Prado Regional Park, The City of Chino, San Bernardino County and any of these previously mentioned companies' officers, employees and agents ("Race Hosts") from liability and any and all claims including the negligence of the Race Hosts, resulting in personal injury, accidents or illnesses (including death) and property loss arising from, but not limited to, participation in this activity. I hereby release to the race promoter full and exclusive rights to record my performance in said race on film, videotape or still photography for use without compensation. Minors will be accepted with a parent's signature

Participant Signature: _____

Parents Signature if under 18 years of age: _____ Date: _____

Male	Category	Female
<input type="checkbox"/>	10-14	<input type="checkbox"/>
<input type="checkbox"/>	15-18	<input type="checkbox"/>
<input type="checkbox"/>	19-24	<input type="checkbox"/>
<input type="checkbox"/>	25-29	<input type="checkbox"/>
<input type="checkbox"/>	30-34	<input type="checkbox"/>
<input type="checkbox"/>	40-44	<input type="checkbox"/>
<input type="checkbox"/>	45-49	<input type="checkbox"/>
<input type="checkbox"/>	50-54	<input type="checkbox"/>
<input type="checkbox"/>	55-59	<input type="checkbox"/>
<input type="checkbox"/>	60-64	<input type="checkbox"/>
<input type="checkbox"/>	65 +OLDER	<input type="checkbox"/>